



From the Top

# COUGAR

CEDAR MOUNTAIN SCHOOLS

Pride

AUGUST 2019

[cms.mntm.org](http://cms.mntm.org)

DISTRICT OFFICE  
PO Box 188 • 207 GALLAGER STREET  
MORGAN, MN 56266  
PH: 507.249.5990 • FAX: 507.249.3149

CEDAR MOUNTAIN ELEMENTARY  
PO Box 38 • 231 4TH AVE. E. • FRANKLIN, MN 55333  
PH: 507.557.2251 • FAX: 507.557.2116

CEDAR MOUNTAIN MIDDLE/HIGH SCHOOLS  
PO Box 188 • 207 GALLAGER STREET  
MORGAN, MN 56266  
PH: 507.249.5880 • FAX: 507.249.5887

## SUMMER FUN at Cedar Mountain

### Summer Rec



### Camp Cougar



### COUGAR CUB Child Care Center

If you would like more information about **Cougar Cub Child Care**, contact Jody Rose at 557-2254 and for **Camp Cougar School Aged Child Care**, contact Michelle Thooft at 557-2251.





**Mr. R. Brandt**  
**Superintendent**

# Welcome to the 2019-20 school year

Welcome back as we begin another school year at Cedar Mountain! We as a district look forward to collaborating with students, staff, parents, and the community to provide a high quality education for all of those that we serve.

Cedar Mountain is proud to serve the communities of Franklin and Morgan, as well as the surrounding area. It is

our goal that we collectively grow as a school system as we prepare each and every student to take the next step in their educational journey.

At Cedar Mountain, we strive each year to provide opportunities for all students to learn and grow as individuals. In the classroom, students are engaged in a curriculum that not only meets the state standards, but challenges them on a daily basis. Our teachers work hard to ensure that each day is filled with new knowledge, rigor, and classroom collaboration. Cedar Mountain is proud to provide 1:1 technology to aid in classroom instruction as we prepare our students for a changing world. Students at the elementary school have access to Apple iPads, while the students at the middle/high school utilize Google Chromebooks. This technology allows our students to quickly research topics, practice skills, and be assessed on what they know or have yet to master. Education has and will continue to evolve, and Cedar Mountain is committed to being a leader in the field.

Cedar Mountain takes pride in ensuring that we educate the whole child both in the classroom and through other various opportunities. Our schools provide many curricular and co-curricular learning opportunities for students to expand their interests in fine arts, technology, foreign language, athletics, business, and agriculture. Through PSEO and College in the

Schools, high school students are able to earn college credit right here at Cedar Mountain. Our district also has a well established community education program that provides students a large selection of engaging learning experiences year round. We encourage all of our students and families to take advantage of the great opportunities our schools have to offer.

Throughout the journey of education, parents serve a vital role in the success of their child. Parents are inherently the first teacher and also have the ability to reinforce that education is a pathway to success. Educational research has shown that parents having a daily conversation with their child about school has a positive impact on a student's view of school and their academic success. Ask your student daily what they learned during their time at school. Having meaningful conversations about academics shows your child that education is something you value, and will likely increase how much they value it as well.

Cedar Mountain has an excellent staff that has worked hard to prepare for the upcoming school year. Everyone at Cedar Mountain is excited to fulfill their role in creating an environment that is conducive to learning. We look forward to a great 2019-20 school year!

Cedar Mountain Schools will be holding their Fall Open House on Wednesday, August 28. Open House at the Elementary School in Franklin will run from 4:30 p.m. to 6:00 p.m. The High School Open House in Morgan will be held from 6:30 p.m. to 8:00 p.m. New families are encouraged to stop in the office at the respective schools for all information pertaining to enrollment. Classes will begin at Cedar Mountain on Tuesday, September 3rd.

*Go Cougars!*

**Back to School Night**

**ELEMENTARY**  
**WEDNESDAY, AUGUST 28**  
**FROM 4:30 P.M. TO 6:00 P.M.**

**MS/HS**  
**WEDNESDAY, AUGUST 28**  
**FROM 6:30 TO 8:00 P.M.**

**6<sup>th</sup> Grade**

**BACK TO SCHOOL ORIENTATION**

**August 22**  
**7:00 p.m. – 8:00 p.m.**

*All incoming 6th graders and their parents/guardians are invited and encouraged to attend orientation at the MS/HS in Morgan.*



Mrs. P. Machart  
Elementary  
Principal

# Elementary News

## ***Cedar Mountain Elementary School is a “small and mighty” school!***

I received a note this summer from one of the companies that we work with and she stated... “I love working with your small and mighty school”! I like the sound of that and feel it really does describe our school. We have some “mighty” things in store for the next school year:

Our gym has a great new look due to some needed updates: fresh paint, new curtains, and refinished flooring complete with the CM logo! It has a sharp look that the kids will love performing in!

Mrs. Jennifer Eberhard will be returning to the elementary and will teach music, band and technology.

Judy Rice will be joining our team as a Reading Corps tutor and will be provide extra reading support to K-3rd graders.

Due to lower enrollment numbers in grades K and 1 – we will have one section of each grade. Mrs. Mages will teach kindergarten and Mrs. Tews will teach 1st grade. Emily Dahmes will be providing reading and math instruction for both grades and the grades will be split for those two core subjects.

We have some new offerings for our early learners. We expanded our school readiness program to 3 afternoons a week (M,T,W) for our 4-5 year olds. “Thrilling Thursday” is a new morning class offered to Pre-school children through Community Ed.

Students will be excited to experience our new sensory areas in our school. We are implementing mindful movement and sensory activities throughout the day to get our students ready to learn and to help create positive conditions for learning.

We are excited to be starting a new school year – and look forward to seeing you at Open House on August 28. This is an important first step to a positive school year. Your children can meet their teacher, bring their school supplies, organize their desks and lockers, and visit with their friends!

We are looking forward to a year filled with lots of learning and lots of fun!

## School Supplies for Elementary Students

### **KINDERGARTEN**

Resting Towel  
20 Yellow  
Sharpened Pencils  
2 Small Elmer's  
Glue Bottles  
2 Spiral Notebooks  
1 Large Box  
Of Kleenex  
4 Boxes Crayons-Reg.  
Size 24 Count  
Book Bag/No Wheels  
2 Pink Erasers  
4 Glue Sticks  
Adult T-Shirt For  
A Paint Shirt  
2 Yellow Highlighters  
1 Small Pkg. Low  
Odor Dry Erase Markers  
4 Folders  
Scissors  
Hard Plastic  
Rectangle Pencil  
Box 5 X 8 ½  
Change Of Clothes  
Gym Shoes That  
Do Not Tie

### **1ST GRADE**

10 Yellow Pencils  
4 Boxes Of 24  
Count Crayons  
2 Pink Erasers  
1 Sm. Bottle  
Elmer's Glue  
Book Bag/No Wheels  
1 Lg. Box Of Kleenex  
Scissors  
2 Spiral Notebooks  
5 Folders  
6 Glue Sticks  
1 Yellow Highlighter  
1 Sm Pkg Dry  
Erase Markers  
Gym Shoes  
Change Of Clothes

### **2ND GRADE**

20 Yellow  
Sharpened Pencils  
1 Box 24 Count Crayons  
Scissors  
1 Family Size  
Kleenex  
8 Glue Sticks

2 Folders  
2 Dry Erase Expo Brand  
Markers/Low Odor  
1 Inch Binder  
1 Composition Notebook  
1 Hard Plastic  
Rectangle Pencil Box  
2 Spiral Notebooks  
Book Bag/No Wheels  
Gym Shoes

### **3RD GRADE**

2 Highlighters  
20 Sharpened Pencils  
Hand Held Pencil  
Sharpener  
5 Folders  
2 Notebooks  
Scissors  
5 Glue Sticks  
Sm Bottle Glue  
2 Pens: 1 Blue & 1 Red  
1 Family Size Kleenex  
Colored Pencils  
Crayons  
Pencil Top Erasers  
Markers

1 Lg Pink Eraser  
1 Composition  
Notebook  
2 Dry Erase Expo Brand  
Markers/Low Odor  
Book Bag/No Wheels  
Gym Shoes

### **4TH GRADE**

3-70 Count Notebooks  
20 Pencils  
2 Pens - Colored  
1 Trapper Keeper  
4 Folders  
1 Lg. Kleenex Box  
Extra Erasers  
Crayons - 24 Count  
Calculator  
Scissors  
2 Glue Sticks  
Colored Pencils  
Markers  
2 Highlighters  
5 Dry Erase  
Expo Markers  
Ruler - Metric & Inches  
Book Bag/No Wheels

1 Pkg. Loose Leaf  
Notebook Paper  
Gym Shoes

### **5TH GRADE**

2 Highlighters  
12 Pencils  
2 Spiral Notebook  
2 Composition Notebooks  
1 Pkg Dry Expo Erase Markers  
Ruler  
2 Colored Pens  
Calculator  
Colored Pencils  
4 Glue Sticks  
1 Pkg. Loose Leaf  
Notebook Paper  
1 Lg Pink Eraser  
2 Lg Box Kleenex/ No Lotion  
Scissors  
2 Jumbo Book Covers  
2 Plastic Folders With  
Prongs 1 Red 1 Any Color  
Trapper Keeper With Folders  
Water Bottle  
Gym Shoes

If you need assistance with school supplies, please contact Paula Sturm, CM Social Worker  
at 557-2251 or email [psturm@cedarmt.org](mailto:psturm@cedarmt.org)



Mrs. T Yackley  
MS/HS Principal

# Middle / High School



## Welcome Back to School

Dear Cedar Mountain families, I hope everyone is enjoying the wonderful summer and is using the time to relax, recharge and get ready for a new school year. I am so grateful that you are a part of our amazing learning community. I welcome and value your positive energy and dedication to excellence in education and look forward to working with you and your children this year.

Please let me introduce myself. My name is Tammy Yackley and I am extremely excited to be the new principal at Cedar Mountain Middle School/High School. I am originally from Canby and now live near New Ulm. I have 26 years of teaching experience and am looking forward to my new role as your principal. I love sports, the outdoors and doing anything active.

It is an honor to have this opportunity and I am thankful for all the support I have received during my transition into this new role. I look forward to leading the students and staff as we work together towards common goals. Cedar Mountain has a lot to be proud of. Thank you to each of you for the role that you play in the education of our students. I look forward to meeting all of you during the upcoming school year. *Together we are Better! Go Cougars!*



### FOOTBALL 9-12

- Head Coach - Dwane Jemmings
- Asst. Coaches - Nick Schaub, Adam Kerkhoff, Mike Freitag

### JH FOOTBALL

- Chandler Rose

### VOLLEYBALL 9-12

- Beth Hill
- Shelly Engholm



### JH VOLLEYBALL

- Kelly Susa
- Taylor Solie



### CROSS COUNTRY 7-12

- Luke Amsden

### DANCE LINE 7-12

- Tasha Zieske



Cedar Mountain Elementary Gym has a new look! Students, visitors and sports teams will be impressed with the updates made in the gym over the summer. After many years, the gym floor was refinished, and the walls were painted. To meet building codes, we made our bleachers more safe and new stage curtains are being installed. Our Cedar Mountain pride shows when you enter the area! Go Cougars!

## Homecoming Week

**September 16 – 20**

Variety Show  
Monday, September 16

Football Game  
Friday, September 20

Volleyball Game  
Tuesday, September 24 vs BLHS

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**Fall Pictures will be taken at:**

Picture  Day

**Middle School & High School**  
**Wednesday, September 18**  
**Elementary**  
**Wednesday, October 9**

# Middle/High School Supply List

## 6TH GRADE:

Ear Buds or Head Phones  
Pack of #2 Pencils  
1-2 Ink Pens  
Protractor  
1-2 Folders  
Scissors  
Assignment Notebook  
Two Spiral Notebooks  
Ruler (Inches & Metric)  
Calculator (Basic)  
Glue Stick  
Box of Kleenex  
Markers  
Pack of Colored Pencils  
Highlighters  
Gym Shoes  
White Board Markers  
White Board Eraser or old sock  
Lock

## GRADES 7-8:

1" 3-Ring Binder  
8 Pocket Dividers  
1 Binder Pouch  
Assignment Notebook  
Pencils  
Pens  
Notebooks  
Earbuds  
Lock

## GRADES 9-12:

Folders  
#2 Pencils  
Notebooks  
Black or Blue Ink Pens  
Highlighters  
Ear Buds  
Assignment Notebook  
(if you wish to use one)  
Lock

## SPECIFIC CLASSES:

\*Math and Science Classes: Scientific calculator (recommended for MCA test)

**6 - 7th grades:** TI 30XS

**8 – 12 grades:** TI 84+

\*Math – Notebook with no fringe

\*Art 9-3 Ring Binder (2")

\*Food Science: Composition Notebook

\*Ag 9: Composition Notebook

\*General Music 6, JH and SH Choirs and Bands- notebook, pocket folder, a pencil to leave in

the music room, earbuds or headphones

\*Science 7, 8 & 11- composition notebook

\*Phy-Ed Classes (7-12)-PE clothes (tennis shoes, shorts, t-shirt, no jeans), a combination lock, and a towel (if choosing to shower)

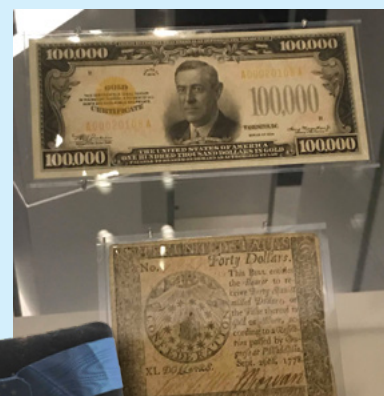
\*English 8 & 9-3 subject notebook

\*Math with Ms. Eaves: Quad Notebook (graph paper notebook), 100 sheets; School glue (not glue stick); Pencils; Calculator (TI-30Xa); Composition Notebook; Felt; Dry-erase markers



## CM Students go to Washington DC

This July Cedar Mountain sent a group of parents and students to Washington DC! The group, along with Mr. Menth, braved the heat and had a wonderful trip. They walked about ten miles a day. Although the steps piled up, so did the fun and learning. They saw more things than can be listed here, however a few highlights are included through the photos. The Holocaust Memorial and Museum brought many to tears. Arlington National Cemetery humbled our group and the Smithsonian gave us more to look at than there was time allowed! Without a doubt this was a trip of a lifetime for our students. Stay tuned for information on a future possible trip to our nation's capital.



## WELCOME BACK TO SCHOOL!

This is an exciting time for all students, especially seniors!

Here are some tips for seniors to help their year run smoothly. Seniors should have an idea of some colleges they want to apply to if they are thinking the college route. October is College Knowledge Month where many of the colleges waive their application fees. That will be a great time to apply. I will also be having a financial aid night for parents of seniors so watch for that in the mail. Be sure to check out my web page on the staff directory. That is where I put a lot of important things so parents can stay up to date as well on what their students are hearing from me.

I will also be going into the classrooms during the month of September to talk about some important things. Below is a list that I will be going over with each grade:

### 9TH GRADE

Graduation requirements/classes needed to graduate, where to find the Course Registration guide. Admission policies of colleges.

### 10TH GRADE

Graduation requirements, Pre-ACT and sign up, PSEO discussion, Career Expo that 10th graders go to in the fall, Mock Interviews 10th graders do in the spring, Accuplacer test.

### 11TH GRADE

Graduation requirements, ACT test along with practice books, ASVAB test long with ASVAB practice, Accuplacer, college visits protocol, career wise handout, career expo in the spring, PSEO, hand out career interest survey and choosing a college workbook.

### 12TH GRADE

Graduation requirements, free college application month, scholarships and where to find them, what does your ACT score mean, career wise handout, financial aid night coming up, Accuplacer, college visits protocol, FAFSA, plans after high school form, process of sending transcripts and scholarship links on my website Your child will receive a handout on Lions Club scholarship, and Choosing a College book.



## Fall Sports Start Dates

**August 12**

**Grades 9-12**

volleyball • dance  
cross country • football

**August 26**

**Grades 7-8**

volleyball • football

**Physicals are needed for 7th and 10th graders before they are able to practice.**

### **ELEMENTARY NIGHT**

Thursday, October 10

Free Admission and Activities for K-5  
CM volleyball vs MVL.

### **SENIOR CITIZENS APPRECIATION NIGHT**

Monday, October 14

Free Admission  
CM volleyball vs RCW

## Save the Date

*Elementary*

**FARMER'S  
MARKET**

**September 23**

## Nurse's Nook *Reminder*

[www.cms.mntm.org](http://www.cms.mntm.org)

## Upcoming Kindergartners & 7th graders

*Immunizations are to be completed before the start of school  
Check the CM website for more information*

# CMS WELCOMES OUR NEW STAFF



## Chelsey Carlson

English/Language Arts Teacher- 7th & 8th Grade  
Hometown: Virginia, MN (*Up on da' Iron Range*)  
College Attended: University of Wisconsin-Superior: Undergraduate, Major in English Secondary Education, Minor in Sociology;  
Southwest Minnesota State University: Graduate, Education with an Emphasis in English

This is my 4th year in this general area. I have taught at BLHS and GFW for the past 3 years. My first year teaching was part-time in North Branch. I have two poodle mix dogs named Zoe and Mr. Wiggins. I have three older brothers, two living in the Twin Cities and one living in New York. I have a niece and nephew I am devoted to and I have a million pictures of them both. I'm a volunteer for the Minnesota Basset Rescue and with my family have fostered around 40 dogs. I am looking forward to teaching junior high for the first time!



## Tyler Fish

Middle/ High School Physical and Health Education Teacher  
Hometown: Hinckley, MN  
College Attended: North Dakota State University  
I am extremely excited for the opportunity to be a part of the Cedar Mountain School District! My fiancé and I are new to the area and look forward to becoming a part of the community.

I grew up in a small town myself and I am excited to be a teacher in a small school as well. I am a huge sports fan and I am always looking for new ways to be active. I also love spending time outdoors hunting and fishing. I am most excited for the upcoming school year to get the opportunity to meet the students of Cedar Mountain and develop their knowledge of physical and health education.

## Miranda Ruth Trebesch

High school Science and Assistant FFA Coach  
Hometown: I grew up as a military dependent so I moved around.  
College Attended: Minot State University at Bottineau (Lumber Jacks)  
South Dakota State University ( Jack Rabbits )  
I look forward to sharing my love for Science with the students and Cedar Mountain Community. I can't wait to meet and get to know my students, and I am looking forward to a great year!



## Kelly Susa

7-12 Agriculture Instructor and FFA Advisor, Jr. High Volleyball coach  
Hometown: Greenwood, Wisconsin  
College Attended: University of Wisconsin- River Falls

In the few interactions I have had with this community so far, I have felt nothing but welcomed and supported. I can't wait to get to

know students, families, and the community in my roles here at Cedar Mountain. I already know it will be a great first year!

## Kelvin Landherr

MS/HS Band Teacher  
Hometown: Rose Creek, MN  
College Attended: Winona State University (Bachelors) & North Dakota State University (Masters)

I am very excited to start my first school year at Cedar Mountain! I've been heavily involved in music my whole life, and look forward to sharing the knowledge I've acquired. I look forward to meeting and working closely with the students and community!



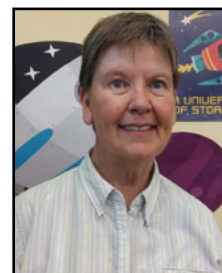
## Judy Rice

Reading Corp – Elementary Reading Coach  
Hometown: I was born in Cheyenne WY.  
Since my Dad was in the Air Force, we moved all over the country--even Panama for three years. When my dad retired we lived in the Twin Cities and that is where I graduated from. In August 2017, I moved to Fairfax.

College Attended: University of Minnesota (English, Speech, Psychology).

Since I was a very little girl, I wanted to be a teacher. However, when my "right job" of selling yellow pages advertising came along, my dream seemed to be put aside. I still had lots of opportunities to teach--I taught swimming, Sunday School, life skills for Inner City kids at my farm, and I taught others how to sell. Imagine my surprise when God led me to the Americorps Reading Program, and to one of the coaches who urged me to apply! Six decades later, that little girl who dreamed of helping kids learn to read is having her dream come true!

One of my favorite quotes is from my first and most beloved boss, Trudi Shapiro, "For every person you meet, strive to be the best thing that happened to that person that day."



Back to school is an exciting time of year for families. The new Cedar Mountain admin team is no exception and is excited to get the 2019-20 school year started too.



See you at Back to School Night on Wednesday, August 28.

# How to stay more connected to your child's school.

**Backpacks** - Chances are you'll learn about most school news and functions through newsletters and notes your child brings home, especially younger children. Ask your child to empty their backpack when they get home from school, or at least a few times a week — so you can sort through any papers meant for you. This is helpful for even middle schoolers!

When you read through the papers with your child, you can talk about all the things going on at school. This will help you remember important events — and let your child know that you are interested in what goes on at school.

**School Website** – Plan to check the school website daily! School announcements are posted daily, yearly calendar, important events and dates coming up as well as sporting event information. Our school website is [www.cms.mntm.org](http://www.cms.mntm.org)

**Facebook Pages** – The reality is we are a social media society and quite frankly it can be quicker and easier to sometimes check for updates online. There is lots of good information posted on our FB pages. Be sure to “LIKE” both the Cedar Mountain Elementary and MS/HS pages for updates on Community Ed, special events, important reminders, school closings etc....

**School Newsletter** – Our school newsletter is called “From the Top.” It comes out approximately 4 times/year and is mailed to all households in the Cedar Mountain school district as well as open enrolled families. If you do not receive the newsletter but would like to, please contact Sarah [ssullivan@cedarmt.org](mailto:ssullivan@cedarmt.org) or 249-5990. Our school newsletter is also available online on our school website, past newsletters are also posted online for your convenience.



**Teachers** – Get to know your child's teachers. This is important for all ages, if your child knows you communicate with their teachers, it shows them you care about their learning and school experiences. All teachers have email and are available by phone if needed as well. It's important to have a relationship with your child's teachers when things are going well too, not just when there is a problem.

## Preschool Screening

October 14-15

For children who are 3 years old by September 1 and those older who have not been through preschool screening. If you have questions or would like to be put on the list for more information, contact the elementary school at 557-2251.



## IMAGINATION LIBRARY continues in Cedar Mountain Area

Imagination Library is a program that gives children 5 and under a free book each month and is shipped directly to the child's home. Dolly Parton believes in the importance of educational opportunities, in hopes of inspiring a love of reading and learning from a young age.

Dolly Parton started the Imagination Library Program in 1995 in her home county in Tennessee, and it grew to the remaining United States and even across oceans. Our Imagination Library program serves the local Cedar Mountain area.

If you would like to register your child or have any questions please contact Beke Krenz at (507) 587-8193, [cmareaimaginationlibrary@outlook.com](mailto:cmareaimaginationlibrary@outlook.com) or go to [imaginationlibrary.com](http://imaginationlibrary.com) to print a registration form.



# Early Childhood Development

## Join Cedar Mountain Preschool!

### 2019-20 Preschool Options

We are now taking registrations for our Cedar Mountain preschool programs in both Franklin and Morgan for the 2019-20 school year! Registration forms and more information about each program are available from the preschool teachers or online on the school website at [www.cms.mntm.org](http://www.cms.mntm.org) under the Community Programs tab. If you would like more information, please contact:

Rachel Krenz – Franklin Preschool Teacher  
rkrenz@cedarmt.org 557-2251  
Sarah Sullivan – Morgan Preschool Teacher  
ssullivan@cedarmt.org 249-5990



### 3 Year Old (AM) School Readiness Class

This class is offered in Franklin & Morgan and is for students who are entering Kindergarten in 2021-22.

Days: Mondays & Wednesdays  
Time: 8:30 AM – 11:00 AM  
Cost: \$60 per month - billed the month prior to services (*scholarships are available to those who qualify*)  
Location: Morgan & Franklin

### 4 Year Old (PM) School Readiness Class

This class is offered in Franklin & Morgan and is for students who are entering Kindergarten in 2020-21.

Days: Mondays, Tuesdays & Wednesdays  
Time: 12:45 PM – 3:15 PM  
Cost: \$90 per month - billed the month prior to services (*scholarships are available to those who qualify*)  
Location: Morgan & Franklin

### Kindergarten Jumpstart – Franklin Site

This program will be held all day every other Friday in Franklin for Cedar Mountain students going to kindergarten in 2020-21. This class will help prepare your child for kindergarten by teaching various routines such as using the lunchroom, visiting specialists in other parts of the building such as Phy. Ed, computer lab, library etc..., emphasis will also be on letter recognition, phonemic awareness, and math skills to prepare for the transition to kindergarten. Transportation is unique to this program, you will work with your child's teacher to plan a smooth transition for your child.

Days: Every other Friday  
Time: 8:20 AM – 3:20 PM  
Cost: \$20 per session – billed the month prior to services (*scholarships are available to those who qualify*)



**..additional 1/2 day for 4 year olds**



**Preschool registration forms can be found online!**

**[www.cms.mntm.org](http://www.cms.mntm.org)  
under the Community Programs tab.**

**Return to the school office in Franklin or Morgan or mail to PO Box 188, Morgan, MN 56266**



The Lower Sioux honored all pre-school, kindergarten and high school graduates at a Graduation Banquet in June. Pictured are two Cedar Mountain kindergarten graduates.



*Preschool registration forms can be found online!  
[www.cms.mntm.org](http://www.cms.mntm.org) under the Community Programs tab.  
 Return to the school office in Franklin or Morgan or  
 mail to PO Box 188, Morgan, MN 56266*



## Fall Family Classes

### Morgan

October 1, 8 22  
 6:00 p.m. – 7:15 p.m.

### Franklin

October 3, 10, 24  
 6:00 p.m. – 7:15 p.m.



## "THRILLING THURSDAYS"

**3-5 YEAR OLDS!**

New Community Ed program being offered! It will be a fun, play based, hands on class for preschoolers.

When: Thursdays from 8:30 a.m. – 11 a.m.  
 (program will follow the school calendar)

Where: Preschool Room in Morgan

Who: Preschoolers 3 -5 years old

Instructor: Mikayla Rudenick



Watch the CM Elementary Facebook page for more information about registration and start date!

**COUGAR Cub**  
 Child Care Center

## Infant Openings!

Contact Jody at  
[jrose@cedarmt.org](mailto:jrose@cedarmt.org) or 557-2254



# Community Education / Youth Activities

## Cougarettes Dance

*We will be having Cougarettes Dance again this year with Tasha Z! Please watch for registration flyers to be coming home later this fall.*



## 55+ Driver Improvement Program Class

If you are 55 or older, you can get 10% off your Auto Insurance, for each of the next three years, by taking this Driver Improvement Class. If you have never taken the classes, you must take the 8-hr course first, for your first 3 years of discounts. After that, you will need to take a 4-hr refresher, every 3 years. NO TESTS!!

This Driver Improvement Program is not just for the auto insurance discount. It will help refresh past skills, learn about the effects of age on aspects of driving and mobility, in the vehicle. We will also learn about new laws and skills, such as zipper merge, roundabouts, shared turn lanes, etc. Vehicles have also changed dramatically, in the last few years, and we will look at those features that may help you with the effects of aging. This program includes videos, power points, handouts, etc.



### MORGAN

MS/HS Library

4 Hour November 11 • 8 Hour November 11 & 14

All classes are 5:30 p.m. – 9:30 p.m.

Instructor: Mary Erickson

Cost: 4 hour class \$20

8 hour class \$25

No discount for AARP Members

Please register by sending a copy of your current driver's license along with what class you are registering for and

payment to:

**CM Schools**

**Attention: Community Ed.**

**PO Box 188 • Morgan, MN 56266**



Any adults in the community who are interested in forming a community pep band to play at a few fall and winter events should contact Jeremy Robinson through email at [jrobinson@cedarmt.org](mailto:jrobinson@cedarmt.org)

## NEED SCHOOL AGED CHILDCARE? Join Camp Cougar Today!

Hours: 6:45 a.m. – 5:30 p.m. • Monday – Friday

Full-time, part-time and drop-in available.

Contact Michelle Thoofft for more information

at 557-2251

or [mthoofft@cedarmt.org](mailto:mthoofft@cedarmt.org)

## IMAGINATION LIBRARY

### Donation Request



Donations are accepted to help cover the cost of for each book mailed. Although the books are free of charge, funds must be raised to cover shipping expenses. It is approximately \$25 to sponsor a child to receive a book a month for a year. If you would like to donate, you may send a check to:

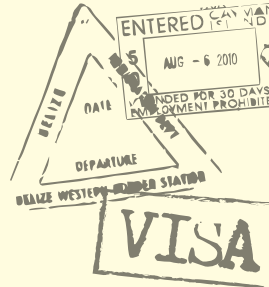
**CM Schools, PO Box 188, Morgan, MN 56266**

Please write Imagination Library in the memo line. Any dollar amount is appreciated. *Thank you* for your generosity.



# Students travel abroad

In June, a group of Cedar Mountain and Wabasso student's traveled to Europe with EF. The first stop was Amsterdam, Netherlands. While in Amsterdam students toured Anne Frank's house, the canals in the city, *Museumplein* (a square with several famous museums), and toured several historic windmills. Next, students took a bus to Brussels, Belgium. While in Brussels students toured the Grand Place, which is a historic square in the center of town. The final part of the journey was a trip to Paris, France. Students saw the fire damage at Notre Dame, took a night river cruise on the Seine to see the lights of Paris, and finally toured the Louvre in order to see the Mona Lisa.



## WRITTEN ANNUAL NOTICE RELATING TO THIRD PARTY BILLING FOR IEP HEALTH-RELATED SERVICES

Before billing Medical Assistance or MinnesotaCare for health-related services the first time, and each year, the district must inform you in writing that:

1. The district will share data related to your child and health-related services on your child's IEP with the Minnesota Department of Human Services to determine if your child is covered by Medical Assistance or MinnesotaCare and whether those services may be billed to Medical Assistance or MinnesotaCare.
2. Before billing Medical Assistance or MinnesotaCare for health-related services the first time, the district must obtain your consent, including specifying the personally identifiable information that may be disclosed (e.g., records or information about the services that may be provided), the purpose of the disclosure, the agency to which the disclosure may be made (i.e. the Department of Human Services) and which specifies that you understand and agree that the school district may access your (or your child's) public benefits or insurance to pay for health-related services.
3. The district will bill Medical Assistance or MinnesotaCare for the health-related services on your child's IEP. Minn. Stat. § 125A.21, Subd. 2(c)(1).
4. The district may not require you to sign up for or enroll in Medical Assistance or MinnesotaCare or other insurance programs in order for your child to receive special education services.
5. The district may not require you to incur an out-of-pocket expense such as the payment of a deductible or co-pay amount incurred in filing a claim for health services provided but may pay the cost that you otherwise would be required to pay.
6. The district may not use your child's benefits under Medical Assistance or MinnesotaCare if that use would: decrease available lifetime coverage or any other insured benefit; result in your family paying for services that would otherwise be covered by the public benefits or insurance program and that are required for the child outside of the time your child is in school; increase your premiums or lead to the discontinuation of benefits or insurance; or risk your loss of eligibility for home and community-based waivers, based on aggregate health-related expenditures.
7. You have the right to receive a copy of education records the district shares with any third party when seeking reimbursement for IEP health-related services. Minn. Stat. § 125A.21, Subd. 2(c)(2).

You have the right to stop your consent for disclosure of your child's education records to a third party, including the Department of Human Services, at any time. If you stop consent, the district may no longer share your child's education records to bill a third party for IEP health-related services. You can withdraw your consent at any time, and your child's IEP services will not change or stop. Minn. Stat. § 125A.21, Subd. 2(c)(3).



# CEDAR MOUNTAIN PUBLIC SCHOOLS

## ISD 2754



Cedar Mountain District Office  
PO Box 188  
Morgan, MN 56266  
Phone: (507) 249-5990  
Fax: (507) 249-3149

Cedar Mountain Middle/High School  
PO Box 188  
Morgan, MN 56266  
Phone: (507) 249-5880  
Fax: (507) 249-5887

Cedar Mountain Elementary  
PO Box 38  
Franklin, MN 55333  
Phone: (507) 557-2251  
Fax: (507) 557-2116

Dear Parent/Guardian:

Our school provides healthy meals each day. Elementary breakfast costs \$1.00; Elementary lunch costs \$2.80. Middle school/High school breakfast costs \$1.40; Middle school/High school lunch costs \$2.90. Your children may qualify for free or reduced price meals.

To apply for free school meals, complete the enclosed Application for Educational Benefits following the instructions. A new application must be submitted each year. If you don't qualify now, you may apply at any time during the school year. Your application also helps our school qualify for education funds and discounts.

State funds help to pay for reduced-price school meals, so all students who are approved for either free or reduced-price school meals will receive school meals at no charge. State funds also help to pay for breakfasts for Kindergarten students, so all participating Kindergarten students will receive breakfasts at no charge.

Return your completed Application for Education Benefits to:

Cedar Mountain ISD #2754, Attn: Lori Hacker, PO Box 188, Morgan, MN 56266

**Who can get free school meals?** Children in households participating in the Supplemental Nutrition Assistance Program (SNAP), Minnesota Family Investment Program (MFIP) or Food Distribution Program on Indian Reservations (FDPIR), and foster, homeless, migrant and runaway children can get free school meals without reporting household income. Also, children can get free school meals if their household income is within the maximum income shown for their household size on the instructions.

**I get WIC or Medical Assistance. Can my children get free meals?** Children in households participating in WIC or Medical Assistance may be eligible for free meals. Please fill out an application.

**May I apply if someone in my household is not a U.S. citizen?** Yes. You or your children do not have to be U.S. citizens for your children to qualify for free meals.

**Who should I include as household members?** Include yourself and all other people living in the household, related or not (such as grandparents, other relatives or friends).

**What if my income is not always the same?** List the amount that you normally get. If you normally get overtime, include it, but not if you get overtime only sometimes.

**Will the information I give be checked?** Yes, and we may also ask you to send written proof.

**How will the information I provide be kept?** Information you provide on the form and your child's approval for school meals benefits, will be protected as private data. See the back page of the Application for Educational Benefits for more information about how the information is used.

**If I don't qualify now, may I apply later?** Yes. Please complete an application at any time if your income goes down, your household size goes up or you start getting SNAP, MFIP or FDPIR benefits. Please provide the information requested about children's racial identity and ethnicity, which helps to make sure we are fully serving our community. This information is not required for approval of school meal benefits.

If you have other questions or need help, please call Lori Hacker in the District Office at 507-249-5990.

Sincerely,

Lori Hacker  
Food Program Manager

Rob Brandl  
Superintendent  
[rbrandl@cedarmt.org](mailto:rbrandl@cedarmt.org)

Tammy Yackley  
6-12 Principal  
[tyackley@cedarmt.org](mailto:tyackley@cedarmt.org)

Patti Machart  
Elementary Principal  
[pmachart@cedarmt.org](mailto:pmachart@cedarmt.org)

Preston Palokangas  
Guidance Counselor  
[ppalokangas@cedarmt.org](mailto:ppalokangas@cedarmt.org)

Jeremy Robinson  
Athletic Director  
[jrobinson@cedarmt.org](mailto:jrobinson@cedarmt.org)

## How to Complete the Application for Educational Benefits

Complete the Application for Educational Benefits form for school year 2019-20 if any of the following applies to your household:

- Any household member currently participates in the Minnesota Family Investment Program (MFIP), or the Supplemental Nutrition Assistance Program (SNAP), or the Food Distribution Program on Indian Reservations (FDPIR) or
- The household includes one or more foster children (a welfare agency or court has legal responsibility for the child) or
- The total income of household members is within the guidelines shown below (**gross earnings before deductions**, not take-home pay). Do not include as income: foster care payments, federal education benefits, MFIP payments, or value of assistance received from SNAP, WIC, or FDPIR. Military: Do not include combat pay or assistance from the Military Privatized Housing Initiative. The income guidelines are effective from July 1, 2019 through June 30, 2020.

**Maximum Total Income**

Household size	\$ Per Year	\$ Per Month	\$ Twice Per Month	\$ Per 2 Weeks	\$ Per Week
1	23,107	1,926	963	889	445
2	31,284	2,607	1,304	1,204	602
3	39,461	3,289	1,645	1,518	759
4	47,638	3,970	1,985	1,833	917
5	55,815	4,652	2,326	2,147	1,074
6	63,992	5,333	2,667	2,462	1,231
7	72,169	6,015	3,008	2,776	1,388
8	80,346	6,696	3,348	3,091	1,546
Add for each additional person	8,177	682	341	315	158

### Step 1: Children

List all infants and children in the household, their school and grade if applicable, and birthdate. Attach an additional page if needed to list all children. Check the box if a child is in foster care (a welfare agency or court has legal responsibility for the child).

### Step 2: Case Number

If any household member currently participates in SNAP, MFIP or FDPIR, write in the case number and then go to Step 4. If you do not participate in any of these programs, leave Step 2 blank and continue on to Step 3.

### Step 3: Adult and Child Incomes / Last 4 Digits of Social Security Number

- Child Income.** If any children in the household have regular income, such as SSI or part-time jobs, list the total amount of regular incomes received by all children, and check the box for the frequency: weekly, bi-weekly, twice a month, or monthly. Do not include occasional earnings like babysitting or lawn mowing.
- Adult income.** Report the names of adult household members and income earned in this section.
  - List all adults living in the household not listed in Step 1, whether related or not, such as grandparents, relatives, or friends.
  - Gross Earnings from Work.** For each income, check the box to show how often the income is received: weekly, bi-week, twice per month, or monthly.
  - List gross incomes before deductions, not take-home pay. Do not list an hourly wage rate. For adults with no income to report, enter a '0' or leave the section blank. For seasonal work, write in the total annual income.
  - Self-employment or Farm Income.** List the net income per month or year after business expenses. A loss from farm or self-employment must be listed as 0 income and does not reduce other income.
  - All Other Gross Income.** List gross incomes before deductions from any other sources, such as SSI, unemployment, child support, public assistance, social security, rental income or annuities.
- Social Security Number/Total Household Members.** An adult household member must provide the last four digits of their Social Security number or check the box if they do not have a Social Security number. The total household members is reported.

**Step 4: Signature and Contact Information** An adult household member must sign the form. If you do not want your information to be shared with Minnesota Health Care Programs, check the "Don't share" box in Step 4.

**Optional:** Please provide the information on ethnicity and race that is requested on the second page of the form. This information is not required and does not affect approval for school meal benefits. The information helps to ensure we are meeting civil rights requirements and fully serving our community.

## 2019-20 Application for Educational Benefits

Complete one application per household. Please use pen (not a pencil).

**STEP 1: List ALL Household Members who are infants, children, and students up to and including grade 12 (if more spaces are required for additional names, attach another sheet of paper).**

**Definition:** A Household Member is "Anyone living with you and shares income and expenses, even if not related." Children in Foster care are eligible for free meals. Read *How to Complete the Application for Educational Benefits* for more information.

Child's First Name	MI	Child's Last name	School	Grade	Birthdate	Foster Child (v)
						<input type="checkbox"/>
						<input type="checkbox"/>
						<input type="checkbox"/>
						<input type="checkbox"/>
						<input type="checkbox"/>

**STEP 2:** Do Any Household Members (including you) currently participate in one or more of the following assistance programs: SNAP, MFIP or FDIPIR? Medical assistance **does not** qualify.

If **YES** > Enter SNAP, MFIP or FDIPIR Case Number \_\_\_\_\_ then go to STEP 4 (Do not complete STEP 3) If **NO** > Go to STEP 3.

**STEP 3:** Report Income for ALL Household Members (Skip this step if you answered 'Yes' to STEP 2)

**A. Child Income**

Sometimes children in the household earn or receive income. Please include the TOTAL income received by all children listed in STEP 1.

Child Income	Weekly	Bi-weekly	2x Month	Monthly
\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**B. All Adult Household Members (including yourself).** For each Household Member listed, if they do receive income, report total gross income only. If they do not receive income from any source, write '0' or leave any fields blank. You are certifying (promising) that there is no income to report.

Not sure what income to include here? Flip the page and review "Sources of Income" for information. "Sources of Income" will help you with the Child Income section and All Adult Household Members section.

Name of Adult Household Members (First and Last)  List all Household members not listed in STEP 1 (including yourself) even if they do not receive income. Include children who are temporarily away at school or in college.	Gross earnings from Work Report income before deductions or taxes, for each source in whole dollars (no cents).				Net income from Self-Employment	All Other Gross Income such as SSI, Unemployment, Public Assistance, Child Support, and others on Page 2
	Weekly	Bi-Weekly	2x Month	Monthly		
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Yearly <input type="checkbox"/> \$	Weekly <input type="checkbox"/> \$
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> \$	<input type="checkbox"/> \$
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> \$	<input type="checkbox"/> \$
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> \$	<input type="checkbox"/> \$

**C. Last Four Digits of Social Security Number (SSN)** of Primary Wage Earner or Other Adult Household Member XXX-XX-\_\_\_\_ Check if **no SSN**: ☐ **Total Household Members** (Children and Adults) \_\_\_\_\_

**STEP 4:** Contact information and adult signature. Mail or return completed form to: (School/District Information) \_\_\_\_\_

"I certify (promise) that all information on this application is true and that all income is reported. I understand that this information is given in connection with the receipt of Federal funds, and that school officials may verify (check) the information. I am aware that if I purposely give false information, my children may lose meal benefits, and I may be prosecuted under applicable State and Federal laws."

☐ I have checked this box if I do not want my information shared with

Minnesota Health Care Programs as allowed by state law.

Printed name of adult signing form \_\_\_\_\_ Daytime Phone \_\_\_\_\_

Street Address (if available) \_\_\_\_\_ Apt# \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

**Signature of Household Adult** \_\_\_\_\_

Determining Official's Signature \_\_\_\_\_

Date \_\_\_\_\_

Confirming Official's Signature \_\_\_\_\_

Date \_\_\_\_\_

Do not fill out: For School Use Only

Annual Income Conversion:

Weekly x 52

Bi-Weekly x 26

Twice a Month x 24

Monthly x 12

☐ Selected for Verification – attach Verification Tracker

All Total Income (include child and adult income)	Weekly	Bi-weekly	2X Month	Monthly	Annualize	Household Size	Categorical Eligibility	Free	Reduced	Denied
\$	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# INSTRUCTIONS: Sources of Income

## Sources of Income for Children

Sources of Child Income	Examples
<ul style="list-style-type: none"><li>• Earnings from work</li><li>• Social Security<ul style="list-style-type: none"><li>a. Disability Payments</li><li>b. Survivor's Benefits</li></ul></li><li>• Income from person outside the household</li><li>• Income from any other source</li></ul>	<ul style="list-style-type: none"><li>• A child has a regular full or part-time job where they earn a salary or wages</li><li>• A child is blind or disabled and receives Social Security</li><li>• A Parent is disabled, retired, or deceased, and their child receives Social Security benefits</li><li>• A friend or extended family member regularly gives a child spending money</li><li>• A child receives regular income from a private pension fund, annuity, or trust</li></ul>

## Sources of Income for Adults

Earnings from Work	Public Assistance / Alimony / Child Support	All Other Income
<ul style="list-style-type: none"><li>• Salary, wages, cash bonuses (before deductions or taxes)</li><li>• Net income from self-employment (farm or business)</li><li>• If you are in the U.S. Military:<ul style="list-style-type: none"><li>a. Basic pay and cash bonuses (do NOT include combat pay, FSSA or privatized housing allowances)</li><li>b. Allowances for off-base housing, food and clothing</li></ul></li></ul>	<ul style="list-style-type: none"><li>• Cash Assistance from State or local government</li><li>• Supplemental Security Income</li><li>• Unemployment benefits</li><li>• Worker's compensation</li><li>• Alimony payments</li><li>• Child support payments</li><li>• Veteran's benefits</li><li>• Strike benefits</li></ul>	<ul style="list-style-type: none"><li>• Social Security</li><li>• Disability benefits</li><li>• Regular income from trusts or estates</li><li>• Annuities</li><li>• Investment income</li><li>• Rental income</li><li>• Regular cash payments from outside household</li></ul>

## OPTIONAL: Children's Racial and Ethnic Identities

We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced price meals.

**Ethnicity (check one):** ☐ Hispanic or Latino ☐ Not Hispanic or Latino

**Race (check one or more):** ☐ American Indian or Alaskan Native ☐ Asian ☐ Black or African American ☐ Native Hawaiian or Other Pacific Islander ☐ White

The **Richard B. Russell National School Lunch Act** requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

At public school districts, each student's school meal status also is recorded on a statewide computer system used to report student data to MDE as required by state law. MDE uses this information to: (1) Administer state and federal programs, (2) Calculate compensatory revenue for public schools, and (3) Judge the quality of the state's educational program.

**Nondiscrimination statement:** In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, you have two options: 1. Complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at [Filing a Program Discrimination Complaint as a USDA Customer](#), and at any USDA office; or, 2. Write a letter addressed to USDA; provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by one of the following methods:

(1) Mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) Fax: 202-690-7442; or

(3) Email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider.

## ANNUAL NOTIFICATIONS

### *Deliver medications to school*

Due to concern regarding the transporting of student medications in school vehicles, parents are strongly encouraged to deliver their child's medication(s) directly to the school. This process will ensure that medications arrive intact to their correct destination.

Any questions regarding this issue can be directed to Superintendent Rob Brandl at 249 5990.

### *Supplemental accident insurance*

Parents are encouraged to review your current health and accident insurance policy to determine if your coverage is adequate for any injuries incurred by your child at school.

The school is making available supplemental accident insurance through Student Assurance Service, Inc., of Stillwater. This plan provides benefits for medical expenses incurred because of an accident. An explanation of the Cost and benefits is on the premium envelope, which will be sent home with students.

To purchase this insurance, follow the instructions on the envelope, detach and retain the summary of coverage, and return the envelope and your check to school within 10 days. All questions regarding the coverage should be directed to Student Assurance Service, Inc.

### *Student directory info*

Cedar Mountain Schools have identified and selected information relating to students called directory information. This information is public. The parent or student may, however, request in writing that any or all of the information listed below not be released on that individual student. The written request must be received by the Cedar Mountain School District Office within 30 days after this official notice is published.

- Student's name
- Student's address
- Student's participation in officially organized activities and sports
- Student's degrees and awards received
- Student's pictures for school approved publications or newspaper
- Student's phone number
- Student's date and place of birth
- Student's dates of attendance
- Students previous education agency or institution

### *Nondiscriminatory policy*

Cedar Mountain Schools are committed to providing equal education and employment opportunities to all persons and do not discriminate on the basis of race, color, creed, religion, national origin, sex, marital status, with regard to public assistance, disability, or any other group or class against which discrimination is prohibited by Titles VI and VII of the Civil committed Rights Act of 1964, Title IX of the Educational Amendments of 1972, Minnesota Chapter 363, and other applicable state or federal laws. Inquiries regarding compliance should be referred to Superintendent Rob Brandl.

### *Annual notification of rights, protection, and privacy of student records*

Pursuant to the requirements of state and federal law, the following constitutes the Cedar Mountain School District's annual notification to parents and students regarding data privacy practices.

The Cedar Mountain School District has adopted a student record data privacy policy incorporating state and federal requirements as to data privacy rights in student education records. In summary the policy provides:

**Privacy rights.** Educational records which identify or could be used to identify a student other than directory information may not be released to members of the public without the written permission of the parent or guardian of the student, or student age 18 or older if the student attends a post secondary institution. This general rule is subject to specific and limited exceptions which cannot beset out here due to limitations of space, but which are set out in the complete policy.

**Directory information.** Directory information includes the following: Students' name, student's address, student's telephone number, date and place of birth, names of the student's parents, participation in official recognized activities, grade levels completed, weight and height of members of athletic teams, dates of attendance, degrees and awards received, the most previous educational institution attended, and photo of the student, if available.

**Inspection of records.** Parents of a student, or a student age 18 or older, may request to inspect and review any of the student's educational records except those which are by state and federal law made confidential. The school district will comply with the request immediately, if possible, and if not, within five working days. In certain special circumstances an additional five working days may be required in order to comply. Copies of the record may be obtained at a reasonable fee as established by the school district.

**Challenge to accuracy of records.** A parent, or student age 18 or older, who believes that specific information in the student's educational record is inaccurate, misleading, incomplete or violates the privacy or other rights of the student may request the school district to amend the record in question. If, as a result of this review, it is determined that the challenged record is not inaccurate, misleading, incomplete or in violation of the privacy or other rights of the student, the parent, or student age 18 or older, will be notified of their rights to place a statement with the decision of the school district. The decision of the superintendent/school board is the final decision of the school district and may be appealed under the provision of the state Administrative Procedure Act, Minn. Stat. C15, relating to contested cases.

**Transfer of records to other schools:** The school district forwards educational records of a student to other schools and school districts in which a student seeks or intends to enroll upon request of that school or school district. A parent of a student who is 18 years of age may request and receive a copy of the records which are transferred and may, pursuant to this policy, challenge the accuracy of the records. The district does not, however; notify parents of students age 18 or older prior to such a transfer.

**Complaints for noncompliance:** Parents or students age 18 or older who feel there has been a violation of the rights accorded them' may submit written complaints to the:

Family Education Rights and Privacy Act Office

U.S. Department of Education, Washington, DC 20201.

This review of the data privacy rights of students in the educational records maintained by the Cedar Mountain` School District is intended only to be a summary of the provisions of the district policy, and applicable state and federal law.

### ***Notice Concerning Use of Pest Control***

Our district utilizes a licensed, professional pest control service firm for prevention and control of rodents, insects, and other pests in and around the district's buildings. Their program consists of:

- Inspection and monitoring to determine whether pests are present and whether treatment is needed.
- Recommendations for maintenance and sanitation to help eliminate pests without the need for pest control materials.
- Utilization of non chemical measures such as traps and screening; and,

Application of EPA registered pest control materials when needed. Pests can sting, bite, cause contamination, damage property, and spread disease; therefore, we must prevent and control them. The long term health effects on children from the application of such pest control materials, or the class of materials to which they belong, may not be fully understood. All pest control inspections and possible treatments is available for review or copying at each school office. A similar estimated schedule is available for application of herbicides and other materials to school grounds. Parents of students may request to receive, at their expense, prior notification of any application of a pest control material, should such as application be deemed necessary on a day different from the days specified in the schedule.

### ***Notification of asbestos abatement***

As a result of recent federal legislation (Asbestos Hazard Emergency Response Act AHERA), each primary and secondary school in the nation is required to complete a stringent new inspection for asbestos and to develop a plan of management for all asbestos containing building materials. The Cedar Mountain School District has a goal to be in full compliance with this law and is following the spirit as well as the letter of the law. As a matter of policy, the district shall continue to maintain a safe and healthful environment for our communities youth and employees.

In keeping with this legislation, all buildings in the Cedar Mountain School District were inspected by EPA accredited inspectors and samples were analyzed by an independent laboratory. Based on the inspection, the school prepared and the state approved a comprehensive management plan for handling the asbestos located within its buildings safely and responsibly.

Furthermore, the Cedar Mountain School District has completed its 3 year Re-inspection required by AHERA. Your district buildings, where asbestos containing materials were found, is under repair, removal, and operations and maintenance.

Federal law requires a periodic walk through (called "surveillance") every six months of each area containing asbestos. Also, the law requires for all buildings to be re-inspected three years after a management plan is in effect. This will be accomplished under contract by Airtech Environmental. Short term workers (outside contractors – i.e. telephone repair workers, electricians and exterminators) must be provided information regarding the location of asbestos in which they may come into contact. All short term workers shall contact the lead maintenance person before commencing work to be given this information.

The Cedar Mountain School District has a list of the location(s). type (s) of asbestos containing materials found in that school building and a description and timetable for their proper management.

***Requests for copies of these policies or inquiries regarding compliance should be directed to Superintendent Rob Brandl  
at 507-249-5990***

**NOTICE OF COMPLIANCE WITH THE ADA** It is the policy of CM Schools to comply with the provisions of the Americans with Disabilities Act (ADA). The ADA prohibits discrimination against qualified individuals with disabilities on the basis of their disability. The ADA provides, in part, that qualified individuals with disabilities shall not be excluded from participating in or be denied the benefits of any program; service, or activity offered by this district. The ADA requires that all programs, services and activities, when viewed in their entirety, are readily accessible to and usable by qualified individuals with disabilities. This district must communicate effectively with individuals who have speech, visual, and hearing impairments participating in or benefiting from this district's programs, services, or activities to afford equal opportunity.

The district has completed a self evaluation and a transition plan (which examines physical barriers) of its current services, policies, and practices of nondiscrimination on the basis of disability All interested persons, including individuals with disabilities or organizations representing individuals with, are invited to participate in this self evaluation process by submitting comments. Please contact your local school official or district superintendent for more information. Also, should you wish to review the ADA or its interpretive regulations, ask questions about your rights and remedies under the ADA, request a reasonable modification to this district's policies practices, or procedures, participate in the self evaluation process, or file a written grievance with the district alleging noncompliance with the ADA, please contact the district's designated coordinator:

Supt. Rob Brandl • Cedar Mountain Schools  
PO Box 188, Morgan, MN 56266  
Ph: 507 249 5990

### ***LEAD IN WATER***

Cedar Mountain Public School would like to inform all parents, staff, and community members that Cedar Mountain has a complete and updated Lead in Water program in which the goal is to provide lead safe drinking water sources throughout all its facilities.

Lead is a heavy metal that usually enters water through distribution systems, including pipes, solder, fixtures, and valves. When ingested, it can interfere with brain development and lead to other health problems, especially in young children. Lead levels may increase when water sits undisturbed in the system. Cedar Mountain has developed a routine testing program intended to identify the presence of lead in water and to reduce levels of lead as indicated by the U.S. Environmental Protection Agency. This program consists of periodic testing, following the testing protocol established by the Minnesota Department of Health and the Minnesota Department of Education, and remediation.

Cedar Mountain has sampled water sources in the past and plans to complete another sample of all water sources within the next five years. Additional information about Lead in Water, including what actions parents can take at home, can be found under Lead in Drinking water on the MDE website at <http://www.health.state.mn.us/topics/lead/index.html>. Please contact Superintendent Rob Brandl if you have questions.

## EMPLOYMENT BACKGROUND CHECKS

In accordance with Minnesota Statute it is the responsibility of the district to notify students and parents of our policy regarding employment background checks. It is the policy of the district to require a background check of every new employee. It is also the practice of the district to require background checks of volunteers depending upon their nature of their volunteer position. Employment Background Check Policy 404 is also available at the district office.

## SPECIAL EDUCATION EVALUATIONS FOR HOME-SCHOOLED OR PRIVATE-SCHOOL STUDENTS

In response to the Individuals with Disabilities Education Improvement Act (IDEIA 2004), Minnesota School Districts must demonstrate that “all children with disabilities, including children with disabilities attending private schools, regardless of the severity of their disabilities, and who are in need of special education and related services, are identified, located and evaluated.” This responsibility extends to children with disabilities who are educated at home or in non-public schools.

Upon request, your local public school will provide information to concerned parents on specific disabilities including information about the educational or behavioral characteristics of each disability. Parents who believe their child may indeed have a disability may request information on how to arrange for an evaluation through the district's special education staff.

Parents of students who are evaluated and are found to be eligible for special education services will become part of a team which will develop, implement, and monitor the effectiveness of a Service Plan to meet the identified needs of their children.

If your child is home schooled and you have questions or would like to receive information about specific disabilities or an evaluation: please contact the principal of the school your child would be attending if he/she was enrolled in your resident district public school and was not being educated in your home.

If your child is being educated in a private school and you have questions or would like to receive information about specific disabilities or an evaluation: please contact the principal of the school building your child would attend in the district where the private school is situated.

### Parent and student rights in identification, evaluation, placement

The following is a description of the rights granted by federal law to students with handicaps. The intent of the law is to keep you fully informed concerning decisions about your child and to inform you of your rights if you disagreed with any of these decisions. You have the right to:

- Have your child take part in and receive benefits from public education programs without discrimination because of his/her handicapping condition.
- Have the school district advise you of your rights under federal law.
- Receive notice with respect to identification, evaluation, or placement of your child.
- Have your child receive a free appropriate public education. This includes the right to be educated with non handicapped students to the maximum extent appropriate. It also includes the right to have the school district make reasonable accommodations to allow your child an equal opportunity to participate in school and school related activities.
- Have your child educated in facilities and receive services comparable to those provided non handicapped students. Have your child receive special education and related services if she/he is found to be eligible under the Individuals; with Disabilities Education Act (PL 101476) or Section 504 of the Rehabilitation Act.
- Have evaluation, educational, and placement decisions made based upon a variety of information sources, and by persons who know the student, the evaluation data, and placement options.
- Have transportation provided to and from an alternative placement setting at no greater cost to you than would be incurred if the student were placed in a program operated by the district.
- Have your child be given an equal opportunity to participate in nonacademic and extracurricular activities offered by the district.
- Examine all relevant records relating to decisions regarding your child's identification, evaluation, educational program, and placement.
- Obtain copies of educational records at a reasonable cost unless the fee would effectively deny you access to the records.
- A response from the school district to reasonable requests for explanations and interpretations of your child's records. Request amendment of your child's educational records if there is reasonable cause to believe that they are inaccurate, misleading or otherwise in violation of the privacy rights of your child. If the school district refuses this request for amendment, it shall notify you within a reasonable time, and advise you of the right to a hearing.
- Request mediation or an impartial due process hearing related to decisions or actions regarding your child's identification, evaluation, educational program or placement. You and the student may take part in the hearing and have an attorney represent you. Hearing requests must be made to Independent School District No. 2754, Superintendent of Schools.
- Ask for payment of reasonable attorney fees if you are successful on your claim.
- File for local grievance. For more information, contact:  
Preston Palokangas Cedar Mountain 504 Coordinator  
PO Box 188 • Morgan, MN, 56266 • 507-249-5990 • ppalokangas@cedarmt.org

### SECTION 504 NOTIFICATION

If a student is found to be a “qualified disabled person” under Section 504, a Section 504 Plan is prepared and implemented in accordance with the regulations of Section 504 of the Rehabilitation Act. The Section 504 Plan is designed to meet the individual educational needs of disabled students as adequately as the needs of non-disabled students and should be in adherence to provisions that include identification, evaluation, placement and notice. Implementation of an Individualized Education Program (IEP) in accordance with the Individuals with Disabilities Education Act (IDEA) is one means of meeting this standard. If a student does not qualify for an IEP, they may qualify for a Section 504 Plan.

## POSTAL PATRON



Aug. 28	Open House
Sept. 3	First day of school
Oct. 17, 18	MEA Break--No School
Nov. 12, 14	MS/HS Parent/Teacher Conf. (Evenings)
Nov. 15	Early Dismissal – 12:10
Nov. 21, 25	Elementary Parent/Teacher Conf. (Evenings)
Nov. 27	Early Dismissal – 12:10
Nov. 28, 29	Thanksgiving Vacation
Dec. 21 – Jan. 1	Winter Break
Jan. 2	School resumes
Jan. 20	Teacher Workday (No School)
Feb. 17	Presidents' Day (No School)
Feb. 24	Early Dismissal – 12:10
Feb. 24	Parent/Teacher Conf. (12:30-6:30)
March 13	No School
March 20	Early Dismissal – 12:10
April 8	Early Dismissal – 12:10
April 9-April 13	Spring Break (No School)
May 25	Memorial Day (No School)
May 28	Last day of school
May 29	Graduation

*Calendar subject to change*

### 2019-20 Lunch/Breakfast

- Students who qualify for reduced-price school meals will receive free lunches and breakfasts.
- All kindergarten students qualify for free breakfasts.
- Menus are posted on school web page.
- There is a charge for certain additional entrees. All students (including free/ reduced) need to pay this charge.
- Additional Salad bar items are free.

*Your children may qualify for free or reduced price meals, see lunch application insert in this newsletter for more information.*

### 2019-20 Food Service Prices

#### ELEMENTARY GRADES K-5:

Breakfast . . . . . \$1.00  
(FREE to all Kindergarten students, also FREE if student qualifies for Free or Reduced Lunches)

Lunch . . . . . \$2.80  
(FREE if student qualifies for FREE or Reduced Lunches)

Ala Carte Milk . . . . . \$0.35  
20 punch Milk Ticket . . . . . \$7.00

#### MS/HS GRADES 6-12:

Breakfast . . . . . \$1.40  
(FREE if student qualifies for FREE or Reduced Lunches)

Lunch. . . . . \$2.90  
(FREE if student qualifies for Free or Reduced Lunches)

Ala Carte Milk . . . . . \$0.35

*Individual Entrée Prices Posted Daily*

#### ADULTS:

Breakfast . . . . . \$1.80

Lunch . . . . . \$3.80

*All MS/HS students will be charged for seconds. Money is deposited into each student's lunch account. Money is automatically deducted from the student's lunch account when they eat.*